

## Appreciation

MHSS wants to thank our Maketu, Little Wahi and Paengaroa communities for your generous kai donations. Our food drive was supported by Maketu Fire Brigade, and their lights, sirens and assistance made our collection a success. Food hampers were put together for our whanau in need and were graciously received. 

Thank you to Raven Nicholas for donating vegetable seedlings for our community garden. Whanau can expect to see a harvest from next year. 

MHSS & Employ NZ are continuing to run a licence program to support whanau in gaining learners, restricted and full licences. This month we saw whanau receive their learners, undertake training and book their restricted and full licence tests. Proud of you all! 



## What's been happening?!

- Maketu Community Day- Our Kaimahi enjoyed engaging with our community and sharing about the mahi we do and services available.
- MHSS staff completed another Rongoa class in bath salts with Marena. We look forward to sharing more of this with you in the new year.
- MHSS staff went along to a St Johns Mental Health First Aid Training to equip them with knowledge on how to respond to those experiencing mental

Thank you to Maketu Pies for supplying kai for our learners licence program, your sponsorship and continual support doesnt go unnoticed. 



# THANK YOU!



## Meri Kirihimete!

Christmas can be a stressful time of year. We encourage you all to be kind to yourself and live to your means.



**Bread Service** will continue on Mondays during the break from 0800-1000. Please come and get what you need for your household.



## What's coming up!



- MHSS Christmas Close down 19th Dec- 9<sup>th</sup> Jan 2026. Opening back up 12<sup>th</sup> Jan 2026 for yearly planning.
- Kaumatua will start back up on the 13<sup>th</sup> January 2026.
- Mate Huka will start back up on 14<sup>th</sup> January.

## Christmas advice

1. Think Positive, let go of your own expectations!
2. Re-gift the things you've never used
3. Organise a secret Santa
4. Get crafty and make gifts
5. Spend within your limits
6. Remember your reason for the season!



MHSS Social Club organised for the team to undertake a fishing charter with Tauranga Marine Charters. Whilst only one of our kamahi came home with fish we enjoyed catching each others lines and talking with those aboard including a 95 year old fisherman. Lets just say we won't be full time fisherwoman anytime soon (hehe). Merry Christmas Whanau!

## Need support?!

Are you or someone you know experiencing domestic violence, hardship, addiction, mental health and or wellbeing issues.

*Contact MHSS today! You are supported locally!*

Remember to keep up to date with any changes and what's new at the hauora on our Facebook page!

Maketu Health and Social Services

0800MAKETU